

2017 Summer Program

ARLINGTON

	Monday	Friday
Time	CAPITALS ICEPLEX	CAPITALS ICEPLEX
5:45 AM	SKATING Travel 2007-08 Travel 2009	S & S ALTERNATING Select/House 2007-08 Travel/Select 2009-10 <i>*All skaters must have at least 1 full year of team experience</i>
6:40 AM	SKATING Travel 2003-04 Travel 2005-06	S & S ALTERNATING House/Select 2003-04 House/Select 2005-06
7:50 AM	SKATING AA/AAA 2003 AAA 2004 Travel 2001-02 Travel 1999-2000	TOTAL IMMERSION Travel 1999-2007 (Players divided by age & level)